

Home is Where You Feel Safe

- **Dead Bolts** - Do you have them? Minimum 1 inch throw, double key is good.
- **Doors** - Solid core or metal.
- **Basement door** - Does it have extra protection?
- **Garage door** - Is it an entrance to your home? Does it have a dead bolt?
- **Sliding glass doors and windows** - Are they secure against forced entry/or lifting out of frames?
- **Peep holes** - 180 degree viewing and ground glass is best.



Be Smart

- Do not open doors to strangers claiming an emergency, offer to make a call for them.
- Do not give out information to unknown callers on the phone.
- Double check I.D. of repairman by calling company by using number in phone book.
- Living alone - List last name and initials only in phone book and on mail box.
- Neighborhood Watch - and participate in Operation I.D. by listing all valuables. Contact your local police dept.
- Light up outside entries.
- Lock doors - Always, from now on, forever.



Car - Home Away From Home

- Park in well lighted areas if you have a choice.
- **Have keys ready before you step outside.**
- **Back seat** - check it and opposite side of car before you get in.
- **Lock** - doors and windows as a first line of defense.
- **Break downs** - place CALL POLICE SIGNS in window, turn on emergency flashers, raise hood and wait inside locked car. Have quarters and important phone numbers (tow company, close to your home) in an envelope in the glove box. When someone does stop to help, give them the envelope and ask them to make the call.
- **Hitchhikers** - Never, ever pick up a hitchhiker.

Street Environment

- **Walk alert**, keep your head up, use reflective surfaces as extra eyes.
- **Lighted areas** - Avoid the dark isolated areas if you can.
- **Being followed** - Don't go home, but to lights, noise and people instead.
- **Rides** - Don't accept them from strangers, ever.

Jogging or Biking

- Go with a friend when you can.
- Take a familiar and well traveled routes.
- Vary your routes and times.
- Don't jog or bike at night, it makes good sense.
- Stereo headphones - Try it without them. You can be more alert to what's around and behind you if you can use your ears.



If You Are Attacked...

- **Don't panic** - Easier said than done unless you've thought about what you might do.
- First few moments are very important, you must react quickly.
- Try to remember things like age, race, complexion, body build (height, weight), color of eyes and hair - anything that seems unusual.
- **Weapons** - If they have one and only want your valuables, remember nothing you have is worth getting hurt or losing your life over.

Options...

- **Scream long and loud, "FIRE".**
- **Run** - Put a car between you and your attacker and scream some more.
- **Talk** - If getting away is not an option, try to get them to see you as a human being and to think about what they're doing.
- **Brain** - Is probably the best weapon you'll have with you.
- **Unexpected** - Don't rule out that you might vomit, urinate, defecate to gain extra time and make you undesirable.

